



## Playing Rounders & Pregnancy Risk Assessment

Hazard	Risks
Bowling	Risk of injury through ball hitting bowler from close range. Risk of collision with batter & base.
1 <sup>st</sup> base	Risk of injury through ball hitting participant from close range. Risk of collision with batter & base.
Backstop	Risk of injury through ball hitting participant from close range. Risk of collision with batter or ball when fielded in.
Fielding	Risk of injury through ball hitting participant. Risk of colliding with another fielder. Risk of falling when running for the ball. Increased risk of pulling muscles with long throws.
Batting	Risk of being hit with ball, risk of falling whilst running, risk of collisions with fielders and bases.
Wet weather	Risk of trips and slips whilst batting & fielding.
Hot weather	Increased risk of heat exhaustion & fatigue.

I understand the risks involved and have sought medical advice from a midwife/medical professional.

Print & Signed:

Date:

Witnessed by:

Date: